

Sunday

Monday

Tuesday

Wednesday



Thursday

Friday

Saturday

September 2022

Meadow Woods Assisted Living

| | | | | | | |
|---|---|--|--|--|--|-------------------------------------|
| | | | | 1 9:00 Coffee and News 10:30 Exercise 2:00 Occupational Wheel of Fortune | 2 9:00 Coffee and News 10:30 Exercise 2:00 Bingo | 3 |
| 4 10:30 Worship Service on Channel 1-4 10:30 Catholic Communion | 5 LABOR DAY  *No activity programs offered today. Labor Day | 6 9:00 Coffee and News 10:30 Exercise 2:00 Bingo | 7 9:30 Worship Service 10:30 Exercise 2:00 Music with Lonesome Ron Happy Birthday Laura! | 8 9:00 Coffee and News 10:30 Exercise 1:30 Northern Clay | 9 | 10 |
| 11 10:30 Worship Service on Channel 1-4 Grandparents Day | 12 Shopping: Cub 9:00 Coffee and News 10:30 Exercise 2:00 Who Am I? What Am I? | 13 9:00 Coffee and News 10:30 Exercise 2:00 Snack Bingo | 14 9:30 Worship Service 10:30 Exercise 2:00 Culinary Meeting | 15 9:00 Coffee and News 10:30 Exercise 2:00 Trishaw Bike Rides | 16 9:00 Coffee and News 10:30 Exercise 2:00 Bingo | 17 |
| 18 10:30 Worship Service on Channel 1-4 10:30 Catholic Communion Happy Birthday Audrey! | 19 Shopping: Dollar Tree 9:00 Coffee and News 10:30 Exercise 2:00 MacPhail Music for Life | 20 9:00 Coffee and News 10:30 Exercise 2:00 Armchair Travel -South America | 21 9:30 Worship Service 10:30 Exercise 2:00 Piano Music with Robert Bozaich | 22 9:00 Coffee and News 10:30 Exercise 2:00 Art with Heart Happy Birthday Arlene! Happy Birthday Dorie! Autumn Begins | 23 9:00 Coffee and News 10:30 Exercise 2:00 Bingo | 24 Happy Birthday Robert E.! |
| 25 10:30 Worship Service on Channel 1-4 Rosh Hashanah Begins | 26 Shopping: Walmart 9:00 Coffee and News 10:30 Exercise 2:00 Jeopardy | 27 9:00 Coffee and News 10:30 Exercise 2:00 Resident Council | 28 9:30 Worship Service 10:30 Exercise 2:00 Apple Tasting  | 29 9:00 Coffee and News 10:30 Exercise 2:00 Board Games | 30 9:00 Coffee and News 10:30 Exercise 2:00 Bingo | |

Activity calendar subject to change. Please refer to Channel 1-5 for the most up to date information.