






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:30 Catholic Communion 10:30 Worship Service 2:00 Movie	<b>2</b>  <b>LABOR DAY</b> *No activity programs offered today. <small>Labor Day</small>	<b>3</b> 9:00 Coffee and News 10:00 September IQ 10:30 Balance First 2:00 Chaplain Chat 3:00 Social-Back to School Treat	<b>4</b> 9:30 Communion Service 10:30 SAIL Exercise <b>1:30 Northern Clay</b> <b>1:00-3:00 Classic Car Show</b> 	<b>5</b> 9:00 Coffee and News 10:00 What's My Job? 10:15 Mass at MLCC 10:30 Balance First 2:00 Bingo 3:00 Social-Hot Fudge Sundae 3:00 Writer's Workshop	<b>6</b> 9:00 Coffee and News 10:30 SAIL Exercise <b>2:00 Fall Craft</b> 3:00 Social-Sweet and Salty Mix	<b>7</b> 10:00 Bible Study with Barbara 2:00 Movie
<b>8</b> 9:30 Catholic Communion 10:30 Worship Service 2:00 Movie	<b>9</b> 9:00 Coffee and News 10:30 SAIL Exercise <b>1:30 Watercolors</b> 3:00 Social-Caramel Apple Pudding Cup	<b>10</b> 9:00 Coffee and News 10:00 Classroom Hijinks 10:30 Balance First 2:00 Story Hour with Jane 3:00 Social-Fresh Baked Bread	<b>11</b> 9:30 Memorial and Healing Service 10:30 SAIL Exercise <b>2:00 Happy Hour with Nigel</b>	<b>12</b> 9:00 Coffee and News 10:00 Change the First Letter 10:15 Rosary at MLCC 10:30 Balance First <b>2:00 MacPhail for Life</b> 3:00 Social-Acorn Cookie 3:00 Writer's Workshop	<b>13</b> 9:00 Coffee and News 10:30 SAIL Exercise 2:00 Bingo 3:00 Social-Root Beer Float	<b>14</b> 10:00 Bible Study with Barbara 2:00 Movie
<b>15</b> 9:30 Catholic Communion 10:30 Worship Service 2:00 Movie	<b>16</b> 9:00 Coffee and News 10:30 SAIL Exercise <b>2:00 Woody's Variety Show</b> 3:00 Social-Ice Cream Sandwich	<b>17</b> 9:00 Coffee and News 10:00 Bermuda Triangle 10:30 Balance First 2:00 Chaplain Chat 3:00 Social-Apple Dumpling	<b>18</b> <b>7:30 Waffle Breakfast</b> 9:30 Welcome and Communion Service 10:30 SAIL Exercise <b>1:30 Art with Heart</b> 3:00 Social-Spiced Nuts	<b>19</b> 9:00 Coffee and News 10:00 Paired Up 10:15 Mass at MLCC 10:30 Balance First 2:00 Story Hour with Jane 3:00 Social-Cheeseball and Crackers 3:00 Writer's Workshop	<b>20</b> 9:00 Coffee and News 10:30 SAIL Exercise 2:00 Bingo 3:00 Social-Ice Cream Bar	<b>21</b> 2:00 Movie <small>Oktoberfest Begins</small>
<b>22</b> 9:30 Catholic Communion 10:30 Worship Service 2:00 Movie	<b>23</b> 9:00 Coffee and News 10:30 SAIL Exercise <b>2:30 Apple Tasting</b>  <small>Autumn Begins</small>	<b>24</b> 9:00 Coffee and News 10:00 Tuesday Trivia 10:30 Balance First 2:00 Story Hour with Jane 3:00 Social-Acorn Donut	<b>25</b> 9:30 Worship Service <b>10:00 Culinary Meeting</b> 10:30 SAIL Exercise <b>2:00 Name That Tune</b> 3:00 Social-Special K Bar	<b>26</b> <b>8:30-11:30 Flu Shots</b> 10:15 Rosary at MLCC <b>2:00 MacPhail for Life</b> 3:00 Social-Cinnamon Spice Cookie 3:00 Writer's Workshop	<b>27</b> 9:00 Coffee and News 10:30 SAIL Exercise 2:00 Bingo 3:00 Social-Apple Cider Float	<b>28</b> 2:00 Movie
<b>29</b> 9:30 Catholic Communion 10:30 Worship Service 2:00 Movie	<b>30</b> 9:00 Coffee and News 10:30 SAIL Exercise <b>2:30 Birthday Party</b>  <small>Rosh Hashanah (first Day)</small>	 <b>September 2019</b>				

# Meadow Woods Assisted Living

Activity calendar subject to change. Please refer to the daily sheet for the most up to date information.