October 2019
MC Second Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 ***10:00 Drum Circle 3rd Fl Rec Rm*** 11:30 Headlines & Exercise 2:30 Falling into Fall 3:00 Social 3:30 Chaplain Chat	**2** **9:30 Worship Service** **10:30 Northern Clay MC3** 2:30 Swatter Ball 3:00 Social 4:30 Opposites	**3** *10:00 MacPhail for Life* 11:30 Headlines & Exercise 2:30 Concentration 3:00 Social 4:15 Hand Massages	**4** **No activities today due to MC Staff attending Dementia Training off site.	**5** 10:00 Headlines & Exercise 11:30 The Right Word Game 2:30 Apple Toss 3:00 Social 4:15 Matching Words
6 **9:30 Catholic Communion** **10:30 Worship Service** 11:45 Headlines & Exercise 2:30 Pumpkin Swatter Ball 3:00 Social 4:15 Throw a Chip	**7** 10:00 Headlines & Exercise 11:30 Line Completion 2:30 Puzzles 3:00 Social **3:30 Laughter Yoga 3rd Fl Rec Rm**	**8** 10:00 Headlines & Exercise 11:30 Big Cards **2:00 Music with Colleen** 3:00 Social 3:30 Chaplain Chat	**9** **9:30 Worship Service** 11:30 Headlines & Exercise 2:30 Word Pairs 3:00 Social 4:30 Picture Bingo Yom Kippur	**10** 10:00 Headlines & Exercise 11:30 Guess How Many 2:30 Sequencing Cards 3:00 Social 4:15 Rhymes with Treat	**11** 9:45 Headlines & Exercise 11:00 Music with Amy 2:30 Cone Toss 3:00 Social 4:15 Under the Bed Detective	**12** 10:00 Headlines & Exercise 11:30 Double Deck Cards **2:00 Create a Snack MC3** 3:00 Social 4:15 Leaf Pressing
13 **9:30 Catholic Communion** **10:30 Worship Service** 11:45 Headlines & Exercise 2:30 Fall Flower Arranging 3:00 Social 4:15 Nail Envy	**14** 10:00 Headlines & Exercise 11:30 Jeopardy 2:30 Spelling Small Words 3:00 Social 4:15 What's Next? Columbus Day (US) Thanksgiving Day (Canada) Sukkot	**15** 10:00 Headlines & Exercise 11:30 What's in the Box? 2:30 Prices in the 1930s 3:00 Social 3:30 Chaplain Chat	**16** **9:30 Worship Service** 11:30 Headlines & Exercise 2:20 Dog Visits 3:00 Social 4:30 Patterns	**17** *10:00 MacPhail for Life* 11:30 Headlines & Exercise 2:30 Trivia 3:00 Social 4:15 Qwirkle	**18** 10:00 Headlines & Exercise 11:30 Dice Game 2:30 Noodle Ball 3:00 Social 3:30 Remembering the Glories of Fall	**19** 10:00 Headlines & Exercise 11:30 Cover the Penny 2:30 Stamping Cards 3:00 Social 4:15 Fill in the Blank
20 **9:30 Catholic Communion** **10:30 Worship Service** 11:45 Headlines & Exercise 2:30 Story Time 3:00 Social 4:15 Walk	**21** 10:00 Headlines & Exercise 11:30 Sequencing **2:00 Music with Mary Hall** 3:00 Social **3:30 Laughter Yoga 3rd Fl Rec Rm**	**22** 10:00 Headlines & Exercise 11:30 Sing Along 2:30 Halloween Drawing 3:00 Social 3:30 Chaplain Chat Simchat Torah	**23** **9:30 Worship Service** 11:30 Headlines & Exercise **2:00-3:30 Harvest Moon Dance at MLCC** 3:00 Social 4:30 Matching	**24** 10:00 Headlines & Exercise 11:30 Pumpkin Carving Patterns and Stencils 2:30 Shake Loose a Memory 3:00 Social 4:15 Poke a Pumpkin	**25** 10:00 Headlines & Exercise 11:30 Lacing Cards 2:30 Parachute 3:00 Social 4:15 Roll a Frankenstein	**26** 10:00 Headlines & Exercise 11:30 Halloween Hangman **2:00 Create a Snack MC3 -Pumpkin Bread** 3:00 Social 4:15 Pumpkin Faces Craft
27 **9:30 Catholic Communion** **10:30 Worship Service** 11:45 Headlines & Exercise 2:30 Apple Collage 3:00 Social 4:15 Nail Envy	**28** 10:00 Headlines & Exercise 11:30 Halloween Bookmark 2:30 Pumpkin Bocce 3:00 Social 4:15 Costume Party	**29** 10:00 Headlines & Exercise 11:30 Remembering Halloween Songs 2:30 Halloween Bingo 3:00 Social 3:30 Chaplain Chat	**30** **9:30 Worship Service** 11:30 Headlines & Exercise 2:30 Ring Toss 3:00 Social 4:30 Shut the Door	**31** 10:00 Headlines & Exercise 11:30 Halloween Coloring **2:00 Oktoberfest Happy Hour** 3:00 Social 4:15 Bulletin Board Halloween	Activity calendar subject to change. **Bold items denote activities off the floor with staff supervision.** *Items in italics are lifelong learning opportunities.*	