


| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
|--|--|--|---|--|--|-----------|
|  | <p>1</p> <p>9:00 Headline News<br/>10:30 Exercise<br/><b>2:00 MacPhail Music for Life</b></p> <p>Shopping: Cub</p>                 | <p>2</p> <p>9:00 Headline News<br/>10:30 Exercise<br/>2:00 Jeopardy</p>                              | <p>3</p> <p>9:30 Worship Service<br/>10:30 Exercise<br/><b>2:00 Resident Council Meeting</b></p> <p>Happy Birthday Joyce F!</p> | <p>4</p> <p>9:00 Headline News<br/>10:15 Rosary<br/>10:30 Exercise<br/><b>2:00 Poetry/Storytelling</b></p>   | <p>5</p> <p>9:00 Headline News<br/>10:30 Exercise<br/>2:00 Bingo</p>   | <p>6</p>  |
| <p>7</p> <p>10:30 Worship Service on Channel 1-4<br/>10:30 Catholic Communion</p> <p>Happy Birthday Terry C!<br/>Daylight Saving Time Ends</p> | <p>8</p> <p>9:00 Headline News<br/>10:30 Exercise<br/>2:00 Service Project: Birthday Bags</p> <p>Shopping: Walmart</p>             | <p>9</p> <p>9:00 Headline News<br/>10:30 Exercise<br/>2:00 Bingo</p>                                 | <p>10</p> <p>9:30 Worship Service<br/>10:30 Exercise<br/><b>2:00 Piano Music with Nate</b></p>                                  | <p>11</p> <p>9:00 Headline News<br/>10:15 Rosary<br/>10:30 Exercise<br/><b>2:00 Veterans' Day Program</b></p> <p>Veterans Day<br/>Remembrance Day (Canada)</p> | <p>12</p> <p>9:00 Headline News<br/>10:30 Exercise<br/><b>1:30 Northern Clay</b></p>   | <p>13</p> |
| <p>14</p> <p>10:30 Worship Service on Channel 1-4</p>  | <p>15</p> <p>9:00 Headline News<br/>10:30 Exercise<br/><b>2:00 MacPhail Music for Life</b></p> <p>Shopping: Walgreens/Festival</p> | <p>16</p> <p>9:00 Headline News<br/>10:30 Exercise<br/>2:00 Ornament Craft for Resident Tree</p>     | <p>17</p> <p>9:30 Worship Service<br/>10:30 Exercise<br/><b>2:00 Art with Heart</b></p> <p>Happy Birthday Greg M!</p>           | <p>18</p> <p>9:00 Headline News<br/>10:15 Rosary<br/>10:30 Exercise<br/><b>2:00 Poetry/Storytelling</b></p>  | <p>19</p> <p>9:00 Headline News<br/>10:30 Exercise<br/>2:00 Bingo</p> <p>Happy Birthday Jo Anna W!</p>   | <p>20</p> |
| <p>21</p> <p>10:30 Worship Service on Channel 1-4<br/>10:30 Catholic Communion</p>   | <p>22</p> <p>9:00 Headline News<br/>10:30 Exercise<br/><b>2:30 Wine and Cheese Social</b></p> <p>Shopping: Target</p>              | <p>23</p> <p>9:00 Headline News<br/>10:30 Exercise<br/>2:00 Bingo</p> <p>Happy Birthday Terri S!</p> | <p>24</p> <p>9:30 Worship Service<br/>10:30 Exercise<br/>2:00 Can You Remember?</p>   | <p>25</p> <p></p> <p>Thanksgiving Day</p>                                 | <p>26</p> <p></p> <p>*No programs today: out shopping 😊</p> | <p>27</p> |
| <p>28</p> <p>10:30 Worship Service on Channel 1-4</p> <p>Happy Birthday Jim S!<br/>Hanukkah Begins</p>   | <p>29</p> <p>9:00 Headline News<br/>10:30 Exercise<br/><b>2:00 MacPhail Music for Life</b></p>                                     | <p>30</p> <p>9:00 Headline News<br/>10:30 Exercise<br/>2:0 Armchair Travel-Indonesia</p>             | <h1>November 2021</h1> <h2>Meadow Woods Assisted Living</h2>  |  |  |           |

Activity calendar subject to change. Please refer to Channel 1-5 or the daily sheets for the most up to date information. See Heidi with any questions.