

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2021

## TCU Active Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>May 2021</b> <b>TCU Active Living Calendar</b>						<b>1</b> 9:00 Weekly Recap Ch 1-6 1:30 Movie CH 1-6 May Day
<b>2</b> 9:30 Christian Service CH 1-2 10:30 Christian Service CH 1-4 1:30 Movie CH 1-6	<b>3</b> 10:00 Daily Devotion Ch 1-4 10:30 Exercise CH 1-2 11:15 Refresh Mindfulness Ch 1-6 2:00 Food Science: Introduction Ch 1-6	<b>4</b> 10:00 Daily Devotion Ch 1-4 10:30 Exercise CH 1-2 11:00 Chair Yoga Ch 1-6 2:00 Chaplain Chat CH 1-2	<b>5</b> 10:00 Daily Devotion Ch 1-4 10:30 Christian Service CH 1-4 10:30 Exercise CH 1-2 2:00 Music Wellness Ch 1-6  Cinco de Mayo	<b>6</b> 10:00 Daily Devotion Ch 1-4 10:15 Rosary CH 1-5 10:30 Exercise CH 1-2 11:00 Chair Tai Chi Ch 1-6 2:00 Beginners Spanish Class Ch 1-6	<b>7</b> 10:00 Daily Devotion Ch 1-4 10:30 Exercise CH 1-2 11:00 Strength & Balance Ch 1-6 2:00 The Lawrence Welk Show Ch 1-6	<b>8</b> 1:30 Movie CH 1-6 May Day
<b>9</b> 9:30 Christian Service CH 1-2 10:30 Christian Service CH 1-4 1:30 Movie CH 1-6  Happy Mother's Day	<b>10</b> 10:00 Daily Devotion Ch 1-4 10:30 Exercise CH 1-2 11:15 Refresh Mindfulness Ch 1-6 2:00 Food Science: The Biochemistry of Food Ch 1-6	<b>11</b> 10:00 Daily Devotion Ch 1-4 10:30 Exercise CH 1-2 11:00 Chair Yoga 1-6 2:00 Chaplain Chat CH 1-2	<b>12</b> 10:00 Daily Devotion Ch 1-4 10:30 Christian Service CH 1-4 10:30 Exercise CH 1-2 2:00 Music Wellness Ch 1-6	<b>13</b> 10:00 Daily Devotion Ch 1-4 10:15 Rosary CH 1-5 10:30 Exercise CH 1-2 11:00 Chair Tai Chi Ch 1-6 2:00 Beginners Spanish Class Ch 1-6	<b>14</b> 10:00 Daily Devotion Ch 1-4 10:30 Exercise CH 1-2 11:00 Strength & Balance Ch 1-6 2:00 Armed Forces Documentary Ch 1-6 Armed Forces Day  THANK YOU!	<b>15</b> 9:00 Weekly Recap Ch 1-6 1:30 Movie CH 1-6 Armed Forces Day  THANK YOU!
<b>16</b> 9:30 Christian Service CH 1-2 10:30 Christian Service CH 1-4 1:30 Movie CH 1-6 Shavuot Begins	<b>17</b> 10:00 Daily Devotion Ch 1-4 10:30 Exercise CH 1-2 10:30 Resident Council CH 1-4 11:15 Refresh Mindfulness Ch 1-6 2:00 Food Science: Manipulating Structure Ch 1-6	<b>18</b> 10:00 Daily Devotion Ch 1-4 10:30 Exercise CH 1-2 11:00 Chair Yoga Ch 1-4 2:00 Chaplain Chat CH 1-2	<b>19</b> 10:00 Daily Devotion Ch 1-4 10:30 Christian Service CH 1-4 10:30 Exercise CH 1-2 2:00 Music Wellness Ch 1-6	<b>20</b> 10:00 Daily Devotion Ch 1-4 10:15 Rosary CH 1-5 10:30 Exercise CH 1-2 11:00 Chair Tai Chi Ch 1-6 2:00 Beginners Spanish Class Ch 1-6	<b>21</b> 10:00 Daily Devotion Ch 1-4 10:30 Exercise CH 1-2 11:00 Strength & Balance Ch 1-6 2:00 The Lawrence Welk Show Ch 1-6	<b>22</b> 9:00 Weekly Recap Ch 1-6 1:30 Movie CH 1-6
<b>23</b> 9:30 Christian Service CH 1-2 10:30 Christian Service CH 1-4 1:30 Movie CH 1-6	<b>24</b> 10:00 Daily Devotion Ch 1-4 10:30 Exercise CH 1-2 11:15 Refresh Mindfulness Ch 1-6 2:00 Food Science: Flavor and Taste Perception Ch 1-6 Victoria Day (Canada)	<b>25</b> 10:00 Daily Devotion Ch 1-4 10:30 Exercise CH 1-2 11:00 Chair Yoga Ch 1-6 2:00 Chaplain Chat CH 1-2	<b>26</b> 10:00 Daily Devotion Ch 1-4 10:30 Christian Service CH 1-4 10:30 Exercise CH 1-2 2:00 Music Wellness Ch 1-6 2:00 Hallway Happy Hour	<b>27</b> 10:00 Daily Devotion Ch 1-4 10:15 Rosary CH 1-5 10:30 Exercise CH 1-2 11:00 Chair Tai Chi Ch 1-6 2:00 Beginners Spanish Class Ch 1-6	<b>28</b> 10:00 Daily Devotion Ch 1-4 10:30 Exercise CH 1-2 11:00 Strength & Balance Ch 1-6 2:00 Memorial Day Documentary Ch 1-6	<b>29</b> 9:00 Weekly Recap Ch 1-6 1:30 Movie CH 1-6
<b>30</b> 9:30 Christian Service CH 1-2 10:30 Christian Service CH 1-4 1:30 Movie CH 1-6	<b>31</b> 10:00 USA Memorial Day Remembrance Concert Ch 1-6  MEMORIAL DAY					

All activities are subject to change with changes in COVID precautions and restrictions