

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022



## Meadow Woods Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1 New Year's Day	
2 10:30 Worship Service on Channel 1-4 10:30 Catholic Communion	3 Shopping: Target 9:00 Headline News 10:30 Exercise 2:00 MacPhail Music for Life Happy Birthday Jackie!	4 9:00 Headline News 10:30 Exercise 2:30 New Year's Party	5 9:30 Worship Service 10:30 Exercise 2:00 Put the Past In Order	6 9:00 Headline News 10:30 Exercise 2:00 Poetry/Storytelling	7 9:00 Headline News 10:30 Exercise 2:00 Bingo	8	
9 10:30 Worship Service on Channel 1-4	10 9:00 Headline News 10:30 Exercise 2:00 What Am I?	11 9:00 Headline News 10:30 Exercise 2:00 Tastes from Around The World	12 9:30 Worship Service 10:30 Exercise 2:00 Resident Council	13 9:00 Headline News 10:30 Exercise 2:00 Northern Clay	14 9:00 Headline News 10:30 Exercise 2:00 Bingo	15	
16 10:30 Worship Service on Channel 1-4 10:30 Catholic Communion	17 Shopping: Cub 9:00 Headline News 10:30 Exercise 2:00 Martin Luther King Speech/Puzzles Martin Luther King Jr. Day	18 9:00 Headline News 10:30 Exercise 2:00 Winter Craft	19 9:30 Worship Service 10:30 Exercise 2:00 Music with Bill Cagley	20 9:00 Headline News 10:30 Exercise 2:00 Poetry/Storytelling	21 9:00 Headline News 10:30 Exercise 2:00 Bingo	22	
23 10:30 Worship Service on Channel 1-4 Activity Professionals Week	24 Shopping: Walmart 9:00 Headline News 10:30 Exercise 2:00 Jeopardy	25 9:00 Headline News 10:30 Exercise 2:00 Yahtzee Dice Game	26 9:30 Worship Service 10:30 Exercise 2:30 Happy Hour Australia Day (observed)	27 9:00 Headline News 10:30 Exercise 2:00 Art with Heart	28 9:00 Headline News 10:30 Exercise 2:00 Bingo Happy Birthday Ida!	29	
30 10:30 Worship Service on Channel 1-4	31 Shopping: Walgreens/Festival 9:00 Headline News 10:30 Exercise 2:00 MacPhail Music for Life						



Activity calendar subject to change. Please refer to Channel 1-5 or the daily sheets for the most up to date information. See Heidi with any questions.