



Notable Quotable

“The big lesson in life, baby, is never be scared of anyone or anything.”

~ Frank Sinatra, entertainer

December Horoscopes and Birthdays

Those born between December 1st and 21st are Archers of Sagittarius. Archers are both confident and lucky, so they often find success. Their infectious enthusiasm attracts friends to help them achieve their ambitious and lofty goals. Those born between December 22nd and 31st are Capricorn's Goats. Capricorns are independent, detail-oriented, patient, and self-sufficient. These qualities help the sure-footed goats achieve stability and security.

Bette Midler – Dec. 1, 1945
 Katerina Witt – Dec. 3, 1965
 Walt Disney – Dec. 5, 1901
 Beau Bridges – Dec. 9, 1941
 Brenda Lee – Dec. 11, 1944
 Frank Sinatra – Dec. 12, 1915
 Margaret Mead – Dec. 16, 1901
 William Parry – Dec. 19, 1790
 Barbara Billingsley – Dec. 22, 1922
 Ava Gardner – Dec. 24, 1922
 Susan Butcher – Dec. 26, 1954
 Mary Tyler Moore – Dec. 29, 1936
 John Denver – Dec. 31, 1943

Holiday Humbug *continued from pg. 1*

The term *humbug* is actually unrelated to Christmas and dates back much further than Ebenezer Scrooge and Charles Dickens. A humbug is a hoax or a sham. Some speculate that the term comes from the Irish *uim-bog*, referring to soft copper coins that are monetarily worthless; or perhaps from *Hamburg*, in reference to the city in Germany from which many worthless coins entered England during the Napoleonic wars. Others

think that the term originated in Italy with *uomo bugiardo*, which means “lying man.” Regardless of its origins, the word *humbug* was not only used in *A Christmas Carol* but also in *The Wizard of Oz*, where Oz refers to himself as “just a humbug.” So when Scrooge says, “Bah, humbug!” he is effectively saying, “Christmas is a sham.” The overwhelming evidence suggests that the holiday, indeed, is very far from it.

Christmas Candlelight Services

The Staff and Spiritual Care team of Martin Luther Campus invite you and your family to our annual Christmas Candlelight Service this year.

There will be two held, one at Martin Luther Care Center and one at Meadow Woods Assisted Living. At MLCC it will be held on Tues., December 6th at 7:00pm in the Great Room and for Meadow Woods on Thurs., December 8th at 7:00pm in the Meadow Woods Dining Room.

For both, there is a special Christmas offering received, as well as music of the season provided by The Choir from Christ the King Church. Christmas refreshments of yulekaka (a Swedish Christmas bread), punch other treats and refreshments will follow the service.

South of the River Community Band Horn Trio will accompany the service at Martin Luther Care Center. **Christmas Blessings!**



Martin Luther Campus

Holiday Edition
2016



1401 East 100th Street | Bloomington, MN
 952.888.7751 | MartinLutherCampus.com

Celebrating December

Safe Toys and Gifts Month

Cookie Cutter Week *December 1–7*

Miners' Day *December 6*

Nobel Prize Day *December 10*

Underdog Day *December 16*

Hanukkah Begins *December 24*

Christmas *December 25*

Kwanzaa Begins *December 26*

No Interruptions Day *December 30*

Holiday Humbug

It was Ebenezer Scrooge, from Charles Dickens' classic novel *A Christmas Carol*, who famously uttered, “Bah, humbug!” London publisher Chapman & Hall released the book on December 19, 1843, and it became an instant success. Scrooge, the central character of the book, is a bitter miser and a hater of Christmas. But after being visited by a series of ghosts, Scrooge eventually learns to love and appreciate the holiday.

Despite his change of heart, Scrooge has always been remembered for saying “Bah, humbug.” To this day, anyone not in the Christmas spirit may even be called a “Scrooge.” Christmastime should be a joyous season, but let's

face it, buying gifts, visiting family, cooking dinners, and hosting parties can be stressful. For that reason, even the most enthusiastic lovers of Christmas may find relief in muttering “Bah, humbug” on December 21, Humbug Day.

continued on pg. 4



'Tis a Gift of Savings for ALL!

If you are a current resident at Martin Luther Campus and know of a friend looking to move into Assisted Living – refer them to Meadow Woods! If they reserve their apartment by December 31st, you will receive a \$500 VISA Gift Card. Your friend moving in will receive up to \$1000 of moving costs covered or a gift in that amount.

If you are a guest or prospective resident of Meadow Woods Assisted Living, the special is the same. Reserve your apartment by December 31st and you will receive up to \$1000 of moving costs covered or a gift in that amount.

Apartments are filling up fast so call Amy today! **952.948.5167**

Christmas Dinners at MLCC and MW

We'd LOVE for you to come spend a Christmas Dinner with us!

We know Christmas is a very busy time for families so we'd like to have **Christmas Dinner for Martin Luther Care Center** residents and families on **Saturday, December 17th at 12pm**. It will be a buffet and will cost \$15 per person for ages 13 and up. Children ages 5-12 will be \$7 and 4/under will be free. Seating is limited to the first 100 guests. So reserve a seat today. 952.888.7751

Menu for MLCC Christmas Dinner:

Starter: Raspberry Vinaigrette Dressing

Main Course: Stuffed Chicken Breast w/a Cranberry Sage Dressing, Cheesy Hashbrowns, Sunset Blend Vegetable and Dinner Roll w/butter

Dessert: Wildberry Lemon Crust Pie

Home for the Holidays Party at Meadow Woods is on Friday, December 2nd from 5-7pm and we will be serving the following appetizers along with Holiday beverages:

- Beef Wellington
- Asparagus & Asiago wrapped in Puff Pastry
- Chicken Satay
- Shrimp Cocktail

Christmas Dinner for Residents (families welcome with your RSVP) is **Christmas Day at 12pm**.

The cost is \$15 per guest for ages 13 and up. Seating is limited so RSVP today. 952.888.1010

Menu for Meadow Woods Christmas Dinner:

Starter: Cranberry & Apple Salad

Main Course: Honey Glazed Ham or Prime Rib with Garlic Mashed Potatoes & Gravy, Creamy Swiss Vegetable Blend and Dinner Roll

Dessert: Assorted Cheesecake



Christmas Dinner with the ones you LOVE!



Here's a FUN item in for a Stocking Stuffer, Christmas Sock in a Ball. Get one today!

Holiday Must Haves in our Gift Shop!

Holiday Shopping at the Martin Luther Campus Gift Shop has begun.

We have several NEW holiday gifts available at the Gift Shop for your shopping pleasure! The items will go quickly so stop in today.

We are convenient, the prices are excellent and all proceeds go to benefit the residents!

Gift Shop Hours are: Monday-Friday | 12:30-3:00p and various hours throughout the holiday season.

Please call the Martin Luther Care Center Receptionist at (952)888-7751 for additional hours.

The Martin Luther Campus Auxiliary would like to wish you and yours a very Merry Christmas and a Happy New Year!

Martin Luther Campus-Wide Holiday Events



A Holiday Pillow from our Gift Shop is sure to be a great gift for a loved one!



Pick up a lovely, decorative Christmas tree in our Gift Shop!

Local Community, Friends and Family are of course invited to attend any and all of our Campus Events

Dec. 2nd - Home for the Holidays (family and residents of Meadow Woods) - 5:00-7:00p - Meadow Woods Dining Room

Dec. 4th - Normandale Hylands United Methodist Church Children's "Joy Choir" - 2:00p – Martin Luther Care Center Eagle Crest

Dec. 5th - Lefse Making and Accordion Playing - 10:30a – Martin Luther Campus Great Room

Dec. 5th - Victorian Christmas with Curtis and Loretta – 1:45p – Meadow Woods Dining Room

Dec. 5th - South of the River Community Band - 7:00p – Martin Luther Campus Great Room (Chaplain David Cobb is a member of this band)

Dec. 6th - Resident & Family Christmas Candlelight Service - 7:00p – Martin Luther Campus Great Room

Dec. 7th - Cards for the Troops (a card writing session to send off to a troop in Afghanistan) – 2pm – Meadow Woods Dining Room

Dec. 8th - Social with the "Velvet Tones" - 2:00p – Martin Luther Campus Great Room

Dec. 8th – “Addressing Long Term Care” Seminar presented by Wolfgang Hilse - will address care options and how to finance them. 6pm in Martin Luther Campus Great Room

Dec. 8th - Meadow Woods Resident & Family Christmas Candlelight Service - 7:00p – Meadow Woods Dining Room

Dec. 9th - Outing to Kennedy High School Holiday Program for Meadow Woods Residents – 12:15p

Dec. 10th - Kyros Dancers – Martin Luther Campus Great Room – 1:30p

Dec. 13th - CityScape Dance presents "Twas the Night Before Christmas" - 4:30p – Martin Luther Campus Great Room

Dec. 14th - Music with Lisa and Spencer – 2p – Meadow Woods Dining Room

Dec. 15th - Christmas Lights Tour for Care Center Residents - 4:30p

Dec. 15th - Cedar Valley Church 3rd Grade "Star Carolers" - 6:15p - Strolling Martin Luther Care Center/Meadow Woods

Dec. 17th – Martin Luther Care Center Residents and their families Christmas Dinner – 12:00p – Martin Luther Care Center Dining Room

Dec. 19th - Christmas Light Tour for Meadow Woods Residents – 6p

Dec. 20th - Oboebass "Stories of the Carols" - 2:00p – Martin Luther Campus Great Room

Dec. 21st - Happy Hour - Victorian Christmas with Curtiss and Loretta - 2:00p – Martin Luther Campus Great Room

Dec. 26th - New Year's Eve Party – w/ the Eric Thomas Duo - 2:00p – Martin Luther Campus Great Room

Dec. 30th - New Year's Party with the Eric Thomas Duo – 2:30p – Meadow Woods Dining Room

HAPPY HOLIDAYS TO ALL

We hope to see you soon!