

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2022

## Meadow Woods Assisted Living

<p>1</p>						
<p>2</p> <p>10:30 Worship Service on Channel 1-4 10:30 Catholic Communion</p>	<p>Shopping Bus: Festival/Walgreens</p> <p>3</p> <p>9:00 Coffee and News 10:30 Exercise <b>2:00 MacPhail Music for Life</b></p>	<p>4</p> <p>9:00 Coffee and News 10:30 Exercise 2:00 Snack Bingo</p> <p>Yom Kippur Begins</p>	<p>5</p> <p>9:30 Worship Service 10:30 Exercise <b>2:00 Llamas &amp; Pie &amp; Bears...Oh My!</b></p>	<p>6</p> <p>9:00 Coffee and News 10:15 Rosary 10:30 Exercise <b>2:30 Referendum Presentation</b></p>	<p>7</p> <p>9:00 Coffee and News 10:30 Exercise 2:00 Bingo</p>	<p>8</p>
<p>9</p> <p>10:30 Worship Service on Channel 1-4</p> <p>Sukkot Begins</p>	<p>Shopping Bus: Target</p> <p>10</p> <p>9:00 Coffee and News 10:30 Exercise 2:00 Trishaw Bike Rides</p> <p>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</p>	<p>11</p> <p>9:00 Coffee and News 10:30 Exercise 2:00 Armchair Travel -South Korea</p>	<p>12</p> <p>9:30 Worship Service 10:30 Exercise <b>2:00 Culinary Meeting</b></p>	<p>13</p> <p>9:00 Coffee and News 10:15 Rosary 10:30 Exercise 2:00 Who Am I? What Am I?</p>	<p>14</p> <p>9:00 Coffee and News 10:30 Exercise 2:00 Bingo</p> <p>Happy Birthday Bill A!</p>	<p>15</p> <p>Happy Birthday Lester!</p>
<p>16</p> <p>10:30 Worship Service on Channel 1-4 10:30 Catholic Communion</p>	<p>Shopping Bus: Cub</p> <p>17</p> <p>9:00 Coffee and News 10:30 Exercise <b>2:00 MacPhail Music for Life</b></p> <p>Simchat Torah Begins</p>	<p>18</p> <p>9:00 Coffee and News 10:30 Exercise 2:00 Jeopardy</p> <p>Happy Birthday Carolyn!</p>	<p>19</p> <p>9:30 Worship Service 10:30 Exercise <b>1:30-4:00 Voting</b></p> <p></p>	<p>20</p> <p>9:00 Coffee and News 10:15 Rosary 10:30 Exercise <b>2:00 Oktoberfest</b></p>	<p>21</p> <p>9:00 Coffee and News 10:30 Exercise 2:00 Bingo</p>	<p>22</p>
<p>23</p> <p>10:30 Worship Service on Channel 1-4</p>	<p>Shopping Bus: Dollar Tree</p> <p>24</p> <p>9:00 Coffee and News 10:30 Exercise 2:00 Halloween Puzzles</p> <p>Diwali (Hindi)</p>	<p>25</p> <p>9:00 Coffee and News 10:30 Exercise <b>2:00 Resident Council</b></p>	<p>26</p> <p>9:30 Worship Service 10:30 Exercise <b>1:30 Northern Clay</b></p>	<p>27</p> <p>9:00 Coffee and News 10:15 Rosary 10:30 Exercise <b>2:00 Art with Heart</b></p> <p>Happy Birthday Carol!</p>	<p>28</p> <p>9:00 Coffee and News 10:30 Exercise 2:00 Bingo</p>	<p>29</p> <p>2:00 Indian Mounds Student Halloween Parade</p>
<p>30</p> <p>10:30 Worship Service on Channel 1-4</p>	<p>Shopping Bus: Walmart</p> <p>31</p> <p>9:00 Coffee and News 10:30 Exercise <b>2:00 MacPhail Music for Life</b></p> <p>Happy Birthday Howard!</p> <p>Halloween</p>					

Activity calendar subject to change. Please refer to Channel 1-5 or the daily sheets for the most up to date information.