

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 Worship Service on Channel 1-4</p> <p>New Year's Day</p>	<p>9:15 Headlines & Exercise 10:45 Who, What, When, Where 1:30 Golf 3:00 Social 4:00 Poems</p>	<p>9:15 Headlines & Exercise 10:00 Drum Circle 1:30 Hangman 3:00 Social 4:00 Take A Walk</p>	<p>9:30 Worship Service 11:00 Headlines & Exercise 1:30 Swatter Ball 3:00 Social 4:00 Music</p>	<p>9:15 Headlines & Exercise 11:00 Chaplain Chat 1:30 Bingo 3:00 Social 4:00 Twist All Day</p>	<p>9:15 Headlines & Exercise 10:45 Simon Says 1:30 Board Games 3:00 Social 4:00 Love Beads</p>	
<p>10:30 Worship Service on Channel 1-4</p>	<p>9:15 Headlines & Exercise 11:00 MacPhail Music for Life 1:30 Feel It Out 3:00 Social 4:00 Junk Drawer Detective</p>	<p>9:15 Headlines & Exercise 10:45 Trivia 1:30 Ring Toss 3:00 Social 4:00 Can You Puzzle Too</p>	<p>9:30 Worship Service 11:00 Headlines & Exercise 2:00 Art Enrichment with Curiosity Studio 3:00 Social 4:00 Reminiscing</p>	<p>9:15 Headlines & Exercise 11:00 Chaplain Chat 1:30 Manicures 3:00 Social 4:00 Bubble Collage</p>	<p>9:15 Headlines & Exercise 10:45 Secret Quote 1:30 Baseball 3:00 Social 4:00 Missing Vowels</p>	
<p>10:30 Worship Service on Channel 1-4</p>	<p>9:15 Headlines & Exercise 10:45 What Am I? 1:30 Word Game 3:00 Social 4:00 History of Marshmallows</p> <p>Martin Luther King Jr. Day</p>	<p>9:15 Headlines & Exercise 10:45 Order Up 1:30 Kickball 3:00 Social 4:00 Chicken Soup</p>	<p>9:30 Worship Service 11:00 Headlines & Exercise 1:30 Hopscotch 3:00 Social 4:00 Sing Along</p>	<p>9:15 Headlines & Exercise 11:00 Chaplain Chat 1:30 Bingo 3:00 Social 4:00 Musical Chairs</p>	<p>9:15 Headlines & Exercise 10:45 Music and Dance 1:30 Pair Up 3:00 Social 4:00 Psychedelic Painted Plates</p>	
<p>10:30 Worship Service on Channel 1-4</p> <p>Chinese New Year (Year of the Rabbit)</p>	<p>9:15 Headlines & Exercise 10:45 Chinese Coloring 1:30 Paper Cutting 3:00 Social 4:00 Are You A Rabbit?</p> <p>Activity Professionals Week</p>	<p>9:15 Headlines & Exercise 10:45 Connect 4 1:30 Velcro Ball 3:00 Social 4:00 Stick Question</p>	<p>9:30 Worship Service 11:00 Headlines & Exercise 2:00 Music with Bill Cagley 3:00 Social 4:00 Short Story</p>	<p>9:15 Headlines & Exercise 11:00 Chaplain Chat 1:30 Waltzing Matilda 3:00 Social 4:00 History of Australia</p> <p>Australia Day (observed)</p>	<p>9:15 Headlines & Exercise 10:45 Pong Cups 1:30 Manicures 3:00 Social 4:00 Puzzles</p>	
<p>10:30 Worship Service on Channel 1-4</p>	<p>9:15 Headlines & Exercise 11:00 MacPhail Music For Life 1:30 Balloon Toss 3:00 Social 4:00 Trivia</p> <p>Happy Birthday Joan!</p>	<p>9:15 Headlines & Exercise 10:45 Everest 1:30 Volleyball 3:00 Social 4:00 Can You Picture This</p>	<h1>January 2023</h1> <h2>MC Second Floor</h2>			

Activity calendar subject to change. **Bold items denote activities off the floor with staff supervision.** *Items in italics are lifelong learning opportunities.*