

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:30 Worship Service on Channel 1-4</p> <p>New Year's Day</p>	<p>2</p> <p>9:30 Headlines & Exercise 11:00 Who, What, When, Where 2:00 Golf 3:00 Social 3:45 Poems</p>	<p>3</p> <p>9:30 Headlines & Exercise 10:00 Drum Circle 2:00 Hangman 3:00 Social 3:45 Take A Walk</p>	<p>4</p> <p>9:30 Worship Service 11:00 Headlines & Exercise 2:00 Swatter Ball 3:00 Social 3:45 Music</p>	<p>5</p> <p>9:30 Headlines & Exercise 10:30 Chaplain Chat 2:00 Bingo 3:00 Social 3:45 Twist All Day</p>	<p>6</p> <p>9:30 Headlines & Exercise 11:00 Simon Says 2:00 Board Games 3:00 Social 3:45 Love Beads</p>	<p>7</p>
<p>8</p> <p>10:30 Worship Service on Channel 1-4</p>	<p>9</p> <p>9:30 Headlines & Exercise 11:00 MacPhail Music for Life 2:00 Feel It Out 3:00 Social 3:45 Junk Drawer Detective</p>	<p>10</p> <p>9:30 Headlines & Exercise 11:00 Trivia 2:00 Ring Toss 3:00 Social 3:45 Can You Puzzle Too</p>	<p>11</p> <p>9:30 Worship Service 11:00 Headlines & Exercise 2:00 Art Enrichment with Curiosity Studio 3:00 Social 3:45 Reminiscing</p>	<p>12</p> <p>9:30 Headlines & Exercise 10:30 Chaplain Chat 2:00 Manicures 3:00 Social 3:45 Bubble Collage</p> <p>Happy Birthday Chuck!</p>	<p>13</p> <p>9:30 Headlines & Exercise 11:00 Secret Quote 2:00 Baseball 3:00 Social 3:45 Missing Vowels</p>	<p>14</p>
<p>15</p> <p>10:30 Worship Service on Channel 1-4</p>	<p>16</p> <p>9:30 Headlines & Exercise 11:00 What Am I? 2:00 Word Game 3:00 Social 3:45 History of Marshmallows</p> <p>Martin Luther King Jr. Day</p>	<p>17</p> <p>9:30 Headlines & Exercise 11:00 Order Up 2:00 Kickball 3:00 Social 3:45 Chicken Soup</p> <p>Happy Birthday Mary!</p>	<p>18</p> <p>9:30 Worship Service 11:00 Headlines & Exercise 2:00 Hopscotch 3:00 Social 3:45 Sing Along</p>	<p>19</p> <p>9:30 Headlines & Exercise 10:30 Chaplain Chat 2:00 Bingo 3:00 Social 3:45 Musical Chairs</p>	<p>20</p> <p>9:30 Headlines & Exercise 11:00 Music and Dance 2:00 Pair Up 3:00 Social 3:45 Psychedelic Painted Plates</p>	<p>21</p>
<p>22</p> <p>10:30 Worship Service on Channel 1-4</p> <p>Chinese New Year (Year of the Rabbit)</p>	<p>23</p> <p>9:30 Headlines & Exercise 11:00 Chinese Coloring 2:00 Paper Cutting 3:00 Social 3:45 Are You A Rabbit?</p> <p>Activity Professionals Week</p>	<p>24</p> <p>9:30 Headlines & Exercise 11:00 Connect 4 2:00 Velcro Ball 3:00 Social 3:45 Stick Questions</p>	<p>25</p> <p>9:30 Worship Service 11:00 Headlines & Exercise 2:00 Music with Bill Cagley 3:00 Social 3:45 Short Story</p>	<p>26</p> <p>9:30 Headlines & Exercise 10:30 Chaplain Chat 2:00 Waltzing Matilda 3:00 Social 3:45 History of Australia</p> <p>Australia Day (observed)</p>	<p>27</p> <p>9:30 Headlines & Exercise 11:00 Pong Cups 2:00 Manicures 3:00 Social 3:45 Puzzles</p>	<p>28</p>
<p>29</p> <p>10:30 Worship Service on Channel 1-4</p>	<p>30</p> <p>9:30 Headlines & Exercise 11:00 MacPhail Music for Life 2:00 Balloon Toss 3:00 Social 3:45 Trivia</p>	<p>31</p> <p>9:30 Headlines & Exercise 11:00 Everest 2:00 Volleyball 3:00 Social 3:45 Can You Picture This</p>	<h1>January 2023</h1> <h2>MC First Floor</h2>			

Activity calendar subject to change. **Bold items denote activities off the floor with staff supervision.** *Items in italics are lifelong learning opportunities.*