





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Happy New Year</p> <p>New Year's Day</p>	<p>2</p> <p>Closed for the New Year</p>	<p>3</p> <p>News and Coffee 11 AM Reflection with Pastor Luke Exercise: Ring Toss LUNCH 1:30 Classic TV Ring in the New Year Party!</p>	<p>4</p> <p>News and Coffee 10:30 Worship Service Shake Loose A Memory Exercise LUNCH 1:30 Piano Music by Heather Would You Rather?</p>	<p>5</p> <p>News and Coffee 3 Minute Pistachio Fudge Exercise: Balloon Bop LUNCH 1:30 Classic TV Roll A Topic</p>	<p>6</p> <p>News and Coffee Craft: Snowman Exercise; Snowball Toss LUNCH 1:30 Classic TV Charades</p>	<p>7</p>
<p>8</p>	<p>9</p> <p>News and Coffee 10:30 MacPhail Music with Patsy Exercise LUNCH 1:30 Classic TV Participant Feedback Celebrate Marge's Birthday</p>	<p>10</p> <p>News and Coffee Start Paper Mache Exercise Quiche Brunch 1 PM Broadway Musical; Holiday Inn</p>	<p>11</p> <p>News and Coffee 10:30 Worship Service Sports of the 60's Exercise LUNCH 1:30 Watercolor Class with Susan</p>	<p>12</p> <p>News and Coffee 10:30 Virtual reality Session LUNCH VR Armchair Travels VR Themed Snack</p>	<p>13</p> <p>News and Coffee Chinese Horoscopes Exercise LUNCH 1:30 Classic TV Making Snowmallows</p> 	<p>14</p>
<p>January Birthdays</p> <p>9th Marge</p> <p>25th Benny</p> <p>15</p>	<p>16</p> <p>News and Coffee 11 AM Reflections with Pastor Luke Exercise: Balloon Bop LUNCH 1:30 Art with Heart Cranium Crunches and Wacky Wordies Martin Luther King Jr. Day</p>	<p>17</p> <p>News and Coffee Paint Paper Mache Exercise LUNCH 1:30 Northern Clay Class with Susan</p>	<p>18</p> <p>News and Coffee 10:30 Worship Service Cooking with Barb: Swedish Meatballs Exercise LUNCH: Swedish Meatballs 1:30 Piano Music by Heather Service Project discussion</p>	<p>19</p> <p>News and Coffee Old Wives Tales Exercise LUNCH 1:30 Classic TV 1:30-2:30 Health Rhythms Drumming January Trivia</p>	<p>20</p> <p>News and Coffee Roll A Snowman Chopstick Balloon Bop Takeout Lunch: Chinese 1:30 Classic TV Celebrate Chinese New Year</p>	<p>21</p>
<p>22</p> <p>Chinese New Year (Year of the Rabbit)</p>	<p>23</p> <p>News and Coffee 10:30 MacPhail Music with Patsy Exercise LUNCH 1:30 Classic TV Craft: Chinese Lanterns Activity Professionals Day</p>	<p>24</p> <p>News and Coffee Wii Bowling Outing: Perkins Lunch 1:30 Classic TV Sing A Long with Amy</p>	<p>25</p> <p>News and Coffee 10:30 Worship Service Chicken Soup for the Soul Exercise: Bean Bag Toss LUNCH 1:30 Piano Music by Heather Name That 60's Tune Celebrate Benny's Birthday</p>	<p>26</p> <p>News and Coffee Wii Bowling LUNCH 1:30 Classic TV Famous January Birthdays Australia Day (observed)</p>	<p>27</p> <p>News and Coffee Putting the Past in Order Exercise LUNCH 1:30 Classic TV New Potato Chip Flavors</p> 	<p>28</p>
	<p>30</p> <p>News and Coffee Craft: Beaded Snowflakes Exercise: Snowflake Bowling LUNCH 1:30 Classic TV 1960's Jeopardy</p>	<p>31</p> <p>News and Coffee Junk Drawer Detective Exercise LUNCH 1:30 Classic TV Harmonizing with Simon and Garfunkel</p>	<p>January 2023</p> <p>Campus Club 952 885 8896</p>			

Call us for more information about our Adult Day Program 952 885 8896