

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2024

## Meadow Woods Assisted Living

					1 9:00 Coffee and News 10:15 Rosary 10:30 Exercise 2:00 6-5-4 Dice Game	2 9:00 Coffee and News 10:30 Exercise 2:00 Bingo  <small>Groundhog Day</small>	3 2:00 Substance Use Disorders Group
4 10:15 Worship Service 10:30 Catholic Communion 2:00 Cards/Board Games	5 <b>Shopping: Dollar Tree</b> 9:00 Coffee and News 10:30 Exercise 2:00 Who Am I? What Am I?	6 9:00 Coffee and News 10:30 Exercise 2:00 Snack Bingo	7 9:30 Worship Service 10:30 Exercise <b>2:00-3:30 Presidential Primary Election</b>	8 9:00 Coffee and News 10:15 Rosary 10:30 Exercise 2:00 Valentine's Day Family Feud	9 9:00 Coffee and News 10:30 Exercise 2:00 Bingo	10 2:00 Substance Use Disorders Group  <small>Chinese New Year (Year of the Dragon)</small>	
11 10:15 Worship Service 2:00 Cards/Board Games	12 <b>Shopping: Walmart</b> 9:00 Coffee and News 10:30 Exercise 2:00 Bingo	13 9:00 Coffee and News 10:30 Exercise <b>2:00 Virtual Passport</b>  <small>Mardi Gras</small>	14 9:30 Ash Wednesday Service 10:30 Exercise <b>2:30 Wine and Cheese Social</b>  <small>Valentine's Day</small>	15 9:00 Coffee and News 10:30 Catholic Mass and Imposition of Ashes at MLCC 10:30 Exercise <b>2:00 Piano Music with Nate Hance</b>	16 9:00 Coffee and News 10:30 Exercise <b>2:30 MacPhail -Unwrapping Music</b>	17 2:00 Substance Use Disorders Group	
18 10:15 Worship Service 2:00 Cards/Board Games	19 <b>Shopping: Aldi</b> 9:00 Coffee and News 10:30 Exercise 2:00 Do You Know the President?  <small>Presidents' Day (US)</small>	20 9:00 Coffee and News 10:30 Exercise 2:00 Snack Bingo	21 <b>Waffle Breakfast</b> 9:30 Remembrance and Healing Service 10:30 Exercise 2:00 Jeopardy	22 9:00 Coffee and News 10:15 Rosary 10:30 Exercise <b>2:00 Art with Heart</b>	23 9:00 Coffee and News 10:30 Exercise 2:00 Bingo	24 2:00 Substance Use Disorders Group	
25 10:15 Worship Service 2:00 Cards/Board Games	26 <b>Shopping: Target</b> 9:00 Coffee and News 10:30 Exercise 2:00 Armchair Travel -France	27 9:00 Coffee and News 10:30 Exercise <b>2:00 Culinary Meeting</b>	28 9:30 Welcome Service 10:30 Exercise <b>2:30 Birthday Ice Cream Social</b>	29 9:00 Coffee and News 10:15 Rosary 10:30 Exercise <b>2:00 Art with Heart</b>			

Activity calendar subject to change. Please refer to the daily sheets or Channel 1-5 for the most up to date information.