

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Meadow Woods 2016 Spring Summer-Week 1	
Breakfast	Eggs to Order Malt-O Meal Sausage/Bacon Toast-White, Wheat or Raisin French Toast <hr/> Assorted Cold Cereal	Eggs to Order Oatmeal Sausage/Bacon Toast-White, Wheat or Raisin _Egg Bake <hr/> Assorted Cold Cereal	Eggs to Order Cream of Wheat Bacon/Sausage Toast-White, Wheat or Raisin <hr/> Assorted Cold Cereal	Eggs to Order Malt-O Meal Sausage/Bacon Breakfast Pastry Toast-White, Wheat or Raisin <hr/> Assorted Cold Cereal	Eggs to Order Oatmeal Bacon/Sausage Toast-White, Wheat or Raisin Omelets <hr/> Assorted Cold Cereal	Eggs to Order Malt-O Meal Sausage/Bacon Breakfast Pastry Toast-White, Wheat or Raisin <hr/> Assorted Cold Cereal	Eggs to Order Oatmeal Bacon/Sausage Toast-White, Wheat or Raisin <hr/> Assorted Cold Cereal		
Lunch	Waldorf Salad 1.Roasted Chicken Legs 2.Pork Chops Scalloped Potatoes Blend Vegetables Dinner Roll Cream Pie	Pea and Bacon Salad 1.Beef Chow Mein With Rice 2. Honey Glazed Meat Balls & Mashed Potatoes Fresh Steamed Carrots Chocolate Covered Cream Puff	Fresh Bread & Butter 1. Meatloaf with Mashed Potato 2.Peanut Butter Chicken Thighs over Noodles Fresh Green Beans Fruit Cobbler	Vegetable Plate & Dip 1.Taco Salad, Tortilla Chips & Corn Muffin Sour Cream & Salsa 2.Smoked Sausage Sandwich with onions & Peppers Potato Pancakes Oreo Cake	Peaches & Cottage Cheese 1.Cobb Salad with Fresh Baked Bread 2. Turkey Ala King over Biscuit With Peas Jell-O Cake	Caesar Salad 1.Homemade Lasagna with Italian Garlic Bread 2. Baked Cod with Wild Rice Italian Blend Vegetables Bakers Choice Desserts	Broccoli Salad 1.Country Style Boneless Pork Ribs with Sauerkraut Diced Potatoes 2.Shrimp Scampi with Angel Hair Pasta Brussel Sprouts Strawberry Shortcake		
Supper	Bananas & Mandarin Oranges 1.Beef Rice Casserole Served with Bread & Butter 2.Chicken Salad Sandwich on Rye Potato Chips & Pickles Frosted Brownie	Pears 1. Pepperoni Pizza Caesar Salad 2.Ham Tortellini Pasta Salad Bread Stick Frosted Cupcake	Sliced Melon 1.Chicken Patty 2. BBQ Pulled Pork Marinated Vegetables Summer Macaroni Salad Scooped Ice Cream	Vegetable Soup 1. Grilled Patty Melt Steak Fries 2. Chicken Mediterranean Quinoa Salad Apple Crisp	Tomato Soup 1. Grilled Cheese Sandwich 2. Pork Tenderloin Sandwich with Lettuce Tomato and Mayo Pickle Cookie	Fresh Grapes 1. Tuna Pasta Salad & Croissant 2.Chicken Aloha Rice Casserole Mixed Vegetables Ice Cream Treat	Chicken Noodle Soup 1.Chicken Tenders 2.All Beef Hot Dogs Macaroni & Cheese Homemade Cookies		
Beverages		Always Available for Breakfast	Always Available for Lunch/Supper		<u>MEAL TIMES</u> Breakfast: 7:30 am - 8:30 am Lunch: 11:30 am - 12:30 pm Supper: 5:00 pm - 6:00pm				
Orange Juice Cranberry Juice Milk-Skim 2% Hot Chocolate Ice Water	Apple Juice Prune Juice Hot Tea Coffee Cappuccino	Yogurt-Fresh Fruit	Fresh Fruit, Soup, lunchmeat or Grilled Cheese Sandwich						

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Meadow Woods -2016 Spring Summer-Week 2	
Breakfast	Eggs to Order Cream of Wheat Sausage/Bacon French Toast Toast-White, Wheat or Raisin (BB Pancakes) Assorted Cold Cereal	Eggs to Order Oatmeal Sausage/Bacon Toast-White, Wheat or Raisin <hr/> Assorted Cold Cereal	Eggs to Order Cream of Wheat Bacon/Sausage Toast-White, Wheat or Raisin Hard Boiled Eggs <hr/> Assorted Cold Cereal	Eggs to Order Malt-O Meal Sausage/Bacon Cinnamon Roll Toast-White, Wheat or Raisin <hr/> Assorted Cold Cereal	Eggs to Order Oatmeal Bacon/Sausage Toast-White, Wheat or Raisin <hr/> Assorted Cold Cereal	Eggs to Order Malt-O Meal Sausage/Bacon Breakfast Pastry Toast-White, Wheat or Raisin <hr/> Assorted Cold Cereal	Eggs to Order Oatmeal Bacon/Sausage Toast-White, Wheat or Raisin <hr/> Assorted Cold Cereal		Eggs to Order Oatmeal Bacon/Sausage Toast-White, Wheat or Raisin <hr/> Assorted Cold Cereal
Lunch	Garden Salad 1. Pork Chops 2.Prime Rib with Au Jus Baked Potato With Sour Cream California Normandy Blend Vegetables Dinner Roll Baked Pie	Jell-O 1.Open Faced Pot Roast Sandwich with Mashed Potatoes and Gravy 2. Crab Salad With Croissant & Fruit Steamed Fresh Carrots Snickerdoodle Fruit Crisp	Bruschetta 1.Ossobucco Chicken with Pasta Fresh Zucchini 2. Cottage Cheese Fruit plate With a Muffin No Bake Pretzel Bar	Hummus & Pretzel Thin 1 .Cheesy Baked Ziti Casserole Steamed Vegetables 2. Chicken Tortilla Soup With House Salad Bread Stick Peach Custard Dessert	Strawberry Spinach Salad 1.Chicken Alfredo With Garlic Toast 2. Fried Egg Sandwich & Hash Browns Fresh Cauliflower Cheesecake	Fresh Baby Carrots & Ranch Dip 1. Pork Carnitas With Spanish Rice & Refried Beans 2 Seasoned Baked Haddock With Rice Pilaf Vegetable Blend Bakers Choice	Marinated Tomato Slices. 1. Beef Stir Fry over Jasmine Rice 2. Glazed Ham & Au gratin Potatoes Fresh Steamed Asparagus Bread Pudding		
Supper	Cinnamon Applesauce 1.Turkey Cranberry Spinach Wrap with Chips 2.Cheese Pizza With Side Salad Water Melon Rice Krispies Bar	Fresh Cucumber Slices 1 Mushroom Swiss Burger on a Bun 2.Bratwurst on a Bun Baked Beans Corn On the Cob Bakers Choice	Fresh Fruit 1. Homemade Sloppy Joe's on a Bun 2. Turkey Club Sandwich Potato Chips & Pickle Tapioca Pudding	Cream of Broccoli Soup 1.Grilled Chicken Breast 2. Lunch Meat & Cheese Sandwich Macaroni Salad Tomato Wedges Brownie	Ambrosia Fruit Salad 1. Chicken Lettuce Salad With Fresh Summer Vegetables. Served with a Dinner Roll And Dressing Choice 2. Hearty Vegetable Beef Stew With Dinner Roll Home Made Cookie	Creamy Coleslaw 1. Chili Dog 2 Classic Grilled Reuben Sandwich Sweet Potato Fries Sherbet	Mandarin Oranges 1. Italian Goulash Italian Vegetables 2. Soup Of the Day With Lunch Meat & Cheese Sandwich (lettuce & Tomato) Lemon Poke Cake		
Beverages		Always Available for Breakfast	Always Available for Lunch/Supper		<u>MEAL TIMES</u> Breakfast -Hot: 7:30 am - 8:30 am Lunch: 11:30 am - 12:30 pm Supper: 5:00 pm - 6:00 pm				
Orange Juice Cranberry Juice Milk-Skim 2% Hot Chocolate Ice Water	Apple Juice Prune Juice Hot Tea Coffee Cappuccino	Yogurt-Fresh Fruit	Fresh Fruit, Soup, lunchmeat or Grilled Cheese Sandwich						

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Eggs to Order Oatmeal Sausage/Bacon Toast-White, Wheat or Raisin (French Toast) Assorted Cold Cereal	Eggs to Order Oatmeal Sausage/Bacon Toast-White, Wheat or Raisin Assorted Cold Cereal	Eggs to Order Cream of Wheat Bacon/Sausage Toast-White, Wheat or Raisin _ Pigs in a Blanket Assorted Cold Cereal	Eggs to Order Malt-O Meal Sausage/Bacon Breakfast Pastry Toast-White, Wheat or Raisin Assorted Cold Cereal	Eggs to Order Oatmeal Bacon/Sausage Toast-White, Wheat or Raisin Omelets Assorted Cold Cereal	Eggs to Order Malt-O Meal Sausage/Bacon Breakfast Pastry Toast-White, Wheat or Raisin Assorted Cold Cereal	Eggs to Order Malt-O Meal Bacon/Sausage Toast-White, Wheat or Raisin Assorted Cold Cereal
Lunch	Fresh Sliced Strawberries 1. Boneless Beef Short Ribs 2.BBQ Chicken Breast Yams Green Beans Dinner Roll Baked Pie	Jell-O Salad 1. Spaghetti and Meat Balls With Zucchini & Garlic toast. 2. BLT (bacon, Lettuce & Tomato) Sandwich Potato Salad. Cheesecake With Carmel Sauce	Fresh Fruit 1.. Hot Kentucky Brown (open faced turkey (sandwich topped with sauce, cheese, tomato and bacon) 2. Chicken Kiev Baked Potato Blend Vegetables Strawberry Yogurt Cake	Relish Plate & Dip 1. Swedish Meatballs & Gravy with Mashed Potatoes 2. Chicken and Broccoli Stir Fry with Jasmine Rice Fresh Steamed Carrots Banana Split	Layer Salad 1. Teriyaki Chicken with Au gratin Potatoes 2. Beef Stroganoff over Noodles Roll Oriental Vegetable Cherry Turn Over	Carrot Raisin Salad 1.Orange Glazed Salmon with Wild Rice Peas and Pearl Onions 2.Oriental Chicken Salad Topped with Ramen Noodles and Dinner Roll Bakers Choice	Caesar Salad 1. Salisbury Steak 2. Marinated Chicken Breast Mashed Potatoes and Gravy Italian Vegetables Apple Dump Cake
Supper	Fruit Cocktail 1 Grilled Chicken Club Pasta Salad & Croissant 2.Chili and Corn Bread Crackers Cheese & Sour Cream Side Salad Scooped Ice Cream	Watermelon Chunks 1.Chicken Tenders with (BBQ, Ranch or Honey Mustard Dipping Sauce) Tater Tots 2. Grilled Cheese Sandwich & Tomato Soup Chocolate Chip Cookie	Mandarin Oranges and Banana 1. Ham and Swiss Sandwich With Split Pea Soup 2. Sweet N Sour Chicken with White Rice Seven Layer Bar	French Onion Soup 1.Egg Salad Sandwich 2.Turkey Sandwich Cole Slaw & Chips Lemon Bar	Fruited Jell-O 1.BBQ Pork Riblet With Potato Pancakes 2. Chicken Noodle Casserole Mixed Vegetables Peaches and Cream Bars	Soup of the Day 1.Denver Sandwich Fruit Cup 2.Tater Tot Hot dish with Bermuda Blend Vegetables Baker's Choice	Pickled Beets 1.Fresh Fruit Plate with Muffin & Cottage Cheese 2. Turkey Primavera Served With Dinner Roll Ice Cream
Beverages		Always Available for Breakfast	Always Available for Lunch/Supper		<u>MEAL TIMES</u> Breakfast - 7:30 am - 8:30 am Lunch: 11:30 am - 12:30 pm Supper: 5:00 pm - 6:00 pm		
Orange Juice Cranberry Juice Milk-Skim 2% Hot Chocolate	Apple Juice Prune Juice Hot Tea Coffee	Yogurt-Fresh Fruit-	Fresh Fruit, Soup, lunchmeat or Grilled Cheese Sandwich				

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Meadow Woods 2016 Spring Summer-Week 4	
Breakfast	Eggs to Order Oatmeal Sausage/Bacon Toast-White, Wheat or Raisin (French Toast)	Eggs to Order Oatmeal Sausage/Bacon Toast-White, Wheat or Raisin	Eggs to Order Cream of Wheat Bacon/Sausage Toast-White, Wheat or Raisin Omelets	Eggs to Order Malt-O Meal Sausage/Bacon Breakfast Pastry Toast-White, Wheat or Raisin	<i>Eggs to Order</i> <i>Oatmeal</i> <i>Bacon/Sausage</i> <i>Toast-White, Wheat or Raisin</i>	Eggs to Order Malt-O Meal Sausage Gravy Over a Biscuit Toast-White, Wheat or Raisin	Eggs to Order Malt-O Meal Bacon/Sausage Toast-White, Wheat or Raisin		
	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	<i>Assorted Cold Cereal</i>	Assorted Cold Cereal	Assorted Cold Cereal		
Lunch	Sunshine Salad 1. Herb Seasoned Roasted Turkey Breast 2. BBQ Pork Ribs Twice Baked Potato Key Biscayne Vegetables Dinner Roll Baked Pie	Pineapple Cole slaw 1. Beef Pot Roast with Carrots Celery and Potatoes 2.Hearty Chicken Tortellini Stew With French Bread Strawberry Marshmallow Dessert	Cucumber Salad 1. Breaded Catfish 2.Chicken Cordon Bleu Scalloped Potatoes Asparagus Berry Crumb Bar	Pickles & Olives 1. Pork Tenderloin served with Maple Bacon Mashed Sweet Potatoes 2. Traditional Beef Burgundy served over Noodles Corn on the Cob Pound Cake with Mixed Berry Topping	Fresh Fruit Cup 1.Chef's Salad served with Breadstick and Deviled Egg 2 Mini Meat Ball Subs Potato Salad & Steamed Baby Carrots Peach Crisp	Peaches and Cottage Cheese 1. Baked Salmon Spinach & Rice 2. Kielbasa Cabbage Potato Skillet. Bread & Butter Ambrosia Cake	Garden Salad 1.Roast Beef 2.Glazed Ham Mashed Potatoes & Gravy Fresh Summer Blend Vegetables Pistachio Pudding		
	Tropical Fruit 1. Apple Pecan Salad with Honey Poppy Seed Dressing /Fresh Baked Roll Or 2. Sliced Roast Beef and Swiss With Chips & Pickle Frosted Brownie	Cherries 1 Fried Chicken with Macaroni and Cheese Or 2.Sloppy Joe's on a Bun Baked Waffle Fries Peas and Carrots Baker's Choice	Watermelon Chunks 1.Cheeseburger with Lettuce and Tomatoes served with Baked Beans Or 2.Homemade Tuna Casserole served with Peas Bread & Butter Sherbet	Vegetable Soup 1. Chicken Pasta Salad Croissant and Tomato Wedges 2. Turkey Wild Rice Bake Cauliflower & Dinner Roll Raspberry Cheesecake Fluff	Tropical Fruit 1. Shrimp Lo Mein Or 2. Quiche With Diced Potato and Muffin Banana Cake	Carrot Raisin Salad 1.Bacon, Lettuce and Tomato on Toasted White Bread with Potato Chips 2.Soup Of the Day, Salad & Bread Stick Stained Glass Jell-0	Pineapple Tidbits 1.Tacos with Tomatoes, Cheese and Lettuce with Spanish Rice 2. Chicken Pot Pie with Fresh Fruit wedge Sugar Cookies		
Beverages		Always Available for Breakfast	Always Available for Lunch/Supper		<u>MEAL TIMES</u>				
Orange Juice Apple Juice Cranberry Juice Prune Juice Milk-Skim 2% Hot Tea Hot Chocolate Coffee Ice Water Cappuccino		Yogurt-Fresh Fruit	Fresh Fruit, Soup, lunchmeat or Grilled Cheese Sandwich		<i>Breakfast: 7:30 am - 8:30 am</i> <i>Lunch: 11:30 am - 12:30 pm</i> <i>Supper: 5:00 pm - 6:00pm</i>				

