

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2019

MC Second Floor

		<p><b>1</b> 10:00 Headlines &amp; Exercise 11:30 Music &amp; Dance 2:30 Reminisce 3:00 Social 4:15 New Year's Junk Drawer</p> <p><small>New Year's Day</small></p>	<p><b>2</b> <b>9:30 Worship Service</b> 11:30 Headlines &amp; Exercise <b>2:00 Bingo 3<sup>rd</sup> FI Rec Rm</b> 3:00 Social 4:15 Velcro Ball</p>	<p><b>3</b> 10:00 Headlines &amp; Exercise 11:30 Walking 2:30 Memory 3:00 Social 4:15 Kickball</p>	<p><b>4</b> 10:00 Headlines &amp; Exercise 11:30 Jenga 2:30 Short Stories 3:00 Social 4:15 Table Ball</p>	<p><b>5</b> 10:00 Headlines &amp; Exercise 11:30 Finish Lines 2:00 Create a Snack 3:00 Social <b>3:30 Choir Bells MC3</b></p>
<p><b>6</b> <b>9:30 Catholic Communion</b> <b>10:30 Worship Service</b> 11:45 Headlines &amp; Exercise 2:30 Drawing/Coloring 3:00 Social 4:15 Nail Glamour</p>	<p><b>7</b> 10:00 Headlines &amp; Exercise 11:30 Face Painting 2:30 Big Cards 3:00 Social <b>3:30 Laughter Yoga 3<sup>rd</sup> FI Rec Rm</b></p>	<p><b>8</b> 10:00 Headlines &amp; Exercise 11:30 Chaplain Chat 2:30 Puzzles 3:00 Social 4:15 Who Am I?</p>	<p><b>9</b> <b>9:30 Worship Service</b> 11:30 Headlines &amp; Exercise <b>2:00 Accordion Music with John</b> 3:00 Social 3:30 Come Fly With Me</p>	<p><b>10</b> 10:00 Headlines &amp; Exercise 11:30 Volley Balloon 2:30 Painting Angels 3:00 Social 4:15 Left/Right Game</p>	<p><b>11</b> 10:00 Headlines &amp; Exercise 11:30 Memory Cards 2:30 Golf 3:00 Social 4:15 Craft</p> <p><b>Happy Birthday Fran!</b> <b>Happy Birthday Fred!</b></p>	<p><b>12</b> 10:00 Headlines &amp; Exercise 11:30 Poetry 2:30 Shake Loose A Memory 3:00 Social 4:15 Elvis Day &amp; Sandwich</p>
<p><b>13</b> <b>9:30 Catholic Communion</b> <b>10:30 Worship Service</b> 11:45 Headlines &amp; Exercise 2:30 Idioms 3:00 Social 4:15 Bean Bags</p>	<p><b>14</b> 10:00 Headlines &amp; Exercise 11:30 Numbers Fill In <b>2:00 Piano with Judy MC3</b> 3:00 Social 4:15 You Be The Judge</p>	<p><b>15</b> <b>10:00 Drum Circle 3<sup>rd</sup> FI Rec Rm</b> 11:30 Headlines &amp; Exercise 2:30 Makeovers 3:00 Social 3:30 Chaplain Chat</p>	<p><b>16</b> <b>9:30 Worship Service</b> 11:30 Headlines &amp; Exercise <b>2:00 Name That Old Tune</b> 2:20 Dog Visits 3:00 Social 4:15 Hockey</p>	<p><b>17</b> <i>10:00 MacPhail for Life</i> 11:30 Headlines &amp; Exercise 2:30 Roll A Snowman 3:00 Social 4:15 Walking Club</p>	<p><b>18</b> 10:00 Headlines &amp; Exercise 11:30 Splish Splash <b>2:00 Northern Clay MC3</b> 3:00 Social 4:15 All About You</p>	<p><b>19</b> 10:00 Headlines &amp; Exercise 11:30 Big Band 2:00 Create A Snack 3:00 Social 4:30 Meditation CD</p>
<p><b>20</b> <b>9:30 Catholic Communion</b> <b>10:30 Worship Service</b> 11:45 Headlines &amp; Exercise 2:30 Craft 3:00 Social 4:15 Hand Massages</p>	<p><b>21</b> 10:00 Headlines &amp; Exercise 11:30 MLK Day Discussion 2:30 Short Stories 3:00 Social <b>3:30 Laughter Yoga 3<sup>rd</sup> FI Rec Rm</b></p> <p><small>Martin Luther King Day Tu B'Shevat</small></p>	<p><b>22</b> 10:00 Headlines &amp; Exercise 11:30 Chaplain Chat 2:30 Hal Halbrook 3:00 Social 4:15 Golf</p>	<p><b>23</b> <b>9:30 Worship Service</b> 11:30 Headlines &amp; Exercise <b>2:00 Piano Music with Lynn Brownell</b> 3:00 Social 4:15 What Am I?</p>	<p><b>24</b> 10:00 Headlines &amp; Exercise 11:30 Stick Questions 2:30 Floaty Ball 3:00 Social 4:30 Sing Along</p>	<p><b>25</b> 10:00 Headlines &amp; Exercise 11:30 Alphabet Trivia 2:30 Winter Art 3:00 Social 4:15 Frost Categories</p>	<p><b>26</b> 10:00 Headlines &amp; Exercise 11:30 Hangman 2:30 Velcro Ball 3:00 Social 4:15 Popcorn &amp; Movie</p>
<p><b>27</b> <b>9:30 Catholic Communion</b> <b>10:30 Worship Service</b> 11:45 Headlines &amp; Exercise 2:30 Name Game 3:00 Social 4:15 Lawrence Welk Slideshow</p>	<p><b>28</b> 10:00 Headlines &amp; Exercise 11:30 Table Ball <b>2:00 Music with Todd "Elvis" Anderson</b> 3:00 Social 4:15 Big Cards</p> <p><small>Australia Day (observed)</small></p>	<p><b>29</b> 10:00 Headlines &amp; Exercise 11:30 Opposites 2:30 Floor Dice 3:00 Social 3:30 Chaplain Chat</p>	<p><b>30</b> <b>9:30 Worship Service</b> 11:30 Headlines &amp; Exercise <b>2:00 Bingo 3<sup>rd</sup> FI Rec Rm</b> 3:00 Social 3:45 Music &amp; Dance</p>	<p><b>31</b> <i>10:00 MacPhail for Life</i> 11:30 Headlines &amp; Exercise 2:30 Trivia 3:00 Social 4:15 Swat Ball</p>		

**Bold items denote activities off the floor with staff supervision. Items in italics are lifelong learning opportunities.** Activity calendar subject to change.