

Sunday

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday

 <p>January 2019 MC First Floor</p>		<p>1 9:30 Headlines & Exercise 11:00 Music & Dance 2:00 Reminisce 3:00 Social 3:45 New Year's Junk Drawer</p> <p><i>New Year's Day</i></p>	<p>2 9:30 Worship Service 11:00 Headlines & Exercise 2:00 Bingo 3rd FI Rec Rm 3:00 Social 3:45 Velcro Ball</p>	<p>3 9:30 Headlines & Exercise 11:00 Walking 2:00 Memory 3:00 Social 3:45 Kickball</p>	<p>4 9:30 Headlines & Exercise 11:00 Jenga 2:00 Short Stories 3:00 Social 3:45 Table Ball</p>	<p>5 9:30 Headlines & Exercise 11:00 Finish Lines 2:00 Create a Snack MC2 3:00 Social 3:30 Choir Bells MC3</p>
<p>6 9:30 Catholic Communion 10:30 Worship Service 11:15 Headlines & Exercise 2:00 Drawing/Coloring 3:00 Social 3:45 Nail Glamour</p>	<p>7 9:30 Headlines & Exercise 11:00 Face Painting 2:00 Big Cards 3:00 Social 3:30 Laughter Yoga 3rd FI Rec Rm</p>	<p>8 9:30 Headlines & Exercise 11:30 Chaplain Chat MC2 2:00 Puzzles 3:00 Social 3:45 Who Am I?</p>	<p>9 9:30 Worship Service 11:00 Headlines & Exercise 2:00 Accordion Music with John 3:00 Social 3:30 Come Fly With Me</p>	<p>10 9:30 Headlines & Exercise 11:00 Volley Balloon 2:00 Painting Angels 3:00 Social 3:45 Left/Right Game</p>	<p>11 9:30 Headlines & Exercise 11:00 Memory Cards 2:00 Golf 3:00 Social 3:45 Craft</p>	<p>12 9:30 Headlines & Exercise 11:00 Poetry 2:00 Shake Loose A Memory 3:00 Social 3:45 Elvis Day & Sandwich</p>
<p>13 9:30 Catholic Communion 10:30 Worship Service 11:15 Headlines & Exercise 2:00 Idioms 3:00 Social 3:45 Bean Bags</p>	<p>14 9:30 Headlines & Exercise 11:00 Numbers Fill In 2:00 Piano with Judy MC3 3:00 Social 3:45 You Be The Judge</p>	<p>15 9:30 Headlines & Exercise 10:00 Drum Circle 3rd FI Rec Rm 2:00 Makeover 3:00 Social 3:30 Chaplain Chat MC2</p>	<p>16 9:30 Worship Service 11:00 Headlines & Exercise 2:00 Name That Old Tune 2:00 Dog Visits 3:00 Social 3:45 Hockey</p>	<p>17 9:30 Headlines & Exercise <i>11:00 MacPhail for Life</i> 2:00 Roll A Snowman 3:00 Social 3:45 Walking</p>	<p>18 9:30 Headlines & Exercise 11:00 Splish Splash 2:00 Northern Clay MC3 3:00 Social 3:45 All About You</p>	<p>19 9:30 Headlines & Exercise 11:00 Big Band 2:00 Create a Snack MC2 3:00 Social 3:30 Meditation CD</p>
<p>20 9:30 Catholic Communion 10:30 Worship Service 11:15 Headlines & Exercise 2:00 Craft 3:00 Social 3:45 Hand Massages</p>	<p>21 9:30 Headlines & Exercise 11:00 MLK Day Discussion 2:00 Short Stories 3:00 Social 3:30 Laughter Yoga 3rd FI Rec Rm</p> <p><i>Martin Luther King Day Tu B'Shevat</i></p>	<p>22 9:30 Headlines & Exercise 11:30 Chaplain Chat MC2 2:00 Hal Halbrook 3:00 Social 3:45 Golf</p>	<p>23 9:30 Worship Service 11:00 Headlines & Exercise 2:00 Piano Music with Lynn Brownell 3:00 Social 3:45 What Am I?</p>	<p>24 9:30 Headlines & Exercise 11:00 Stick Questions 2:00 Floaty Ball 3:00 Social 3:30 Sing Along</p>	<p>25 9:30 Headlines & Exercise 11:00 Alphabet Trivia 2:00 Winter Art 3:00 Social 3:45 Frost Categories</p>	<p>26 9:30 Headlines & Exercise 11:00 Hangman 2:00 Velcro Ball 3:00 Social 3:45 Popcorn & Movie</p>
<p>27 9:30 Catholic Communion 10:30 Worship Service 11:15 Headlines & Exercise 2:00 Name Game 3:00 Social 3:45 Lawrence Welk Slideshow</p>	<p>28 9:30 Headlines & Exercise 11:00 Table Ball 2:00 Music with Todd "Elvis" Anderson 3:00 Social 3:45 Big Cards</p> <p><i>Australia Day (observed)</i></p>	<p>29 9:30 Headlines & Exercise 11:00 Opposites 2:00 Floor Dice 3:00 Social 3:30 Chaplain Chat MC2</p>	<p>30 9:30 Worship Service 11:00 Headlines & Exercise 2:00 Bingo 3rd FI Rec Rm 3:00 Social 3:45 Music & Dance</p>	<p>31 9:30 Headlines & Exercise <i>11:00 MacPhail for Life</i> 2:00 Trivia 3:00 Social 3:45 Swat Ball</p> <p>Happy Birthday Faith W.!</p>		

Bold items denote activities off the floor with staff supervision. Items in italics are lifelong learning opportunities. Activity calendar subject to change.