

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Meadow Woods Sample Menu	
Breakfast	Eggs to Order Malt-O Meal Sausage/Bacon Toast-White, Wheat or Raisin French Toast Assorted Cold Cereal	Eggs to Order Oatmeal Sausage/Bacon Toast-White, Wheat or Raisin Breakfast Burrito Assorted Cold Cereal	Eggs to Order Malt-O Meal Bacon/Sausage Toast-White, Wheat or Raisin Assorted Cold Cereal	Eggs to Order Oatmeal Sausage/Bacon Toast-White, Wheat or Raisin Donut Assorted Cold Cereal	Eggs to Order Malt-O Meal Bacon/Sausage Toast-White, Wheat or Raisin Assorted Cold Cereal	Eggs to Order Oatmeal Sausage/Bacon Breakfast Pastry Toast-White, Wheat or Raisin Assorted Cold Cereal	Eggs to Order Malt O Meal Bacon/Sausage Toast-White, Wheat or Raisin Assorted Cold Cereal		
Lunch	Waldorf Salad 1.Beef Roast OR 2.Country Style Boneless Pork Ribs Baked Potato & Sour Cream Asparagus Dinner Roll Baked Pie	Pea and Bacon Salad 1.Honey Glazed Meat Balls Roasted Red Potatoes Steamed Carrots OR 2. Maurice Salad & Fresh Baked Bread Chocolate Covered Cream Puff	Berry Yogurt Parfait 1.Home Made Meatloaf Mashed Potato Fresh Green Beans OR 2.Chicken Chow Mein Over White Rice Oreo Cake	Water Melon Wedge 1. Johnsonville Brat OR 2. Fresh Hamburgers Lettuce tomato onion & Cheese Corn on the Cob Potato Salad Strawberry Pretzel Dessert	Peaches & Cottage Cheese 1.BBQ Chicken Legs OR 2. Sliced Ham Scalloped Potatoes Cooks Choice Vegetable Berry Cobbler	Caesar Salad 1.Homemade Lasagna with Italian Garlic Bread OR 2. Baked Cod with Twice Baked Potato Italian Blend Vegetables Root Beer Float	Frog's Eye Salad 1. Boneless Pork Chops OR 2.Oven Roast Turkey Stuffing & Gravy Prince Edward Blend Vegetable Lemon Bar		
Supper	Bananas & Mandarin Oranges 1. Egg Salad Sandwich on Croissant Potato Chips & Pickles OR 2.French Dip & Au Jus French Fries & Pickle Baker's Choice	Sliced Fresh Strawberries 1.Corn Dogs OR 2.Chicken Tenders Baked Beans Summer Corn Salad Frosted Brownie	Blue Cheese Walnut Salad 1. Turkey Ala King over Biscuit With Peas OR 2. Chili (Sour Cream-Cheese & Onion) Corn Muffin & Honey Butter Lemon Fruit Cup	Cheese Dip with Crackers 1.Fish Fillet with Lemon Baked Sweet Potato OR 2. BBQ Pulled Pork Onion Rings Cole Slaw Cream Pie	Cucumber, Peppers, & Cherry Tomato Plate 1. Grilled Cheese Sandwich & Tomato Soup OR 2. BLT Sandwich (Lettuce Tomato and Mayo) Fruit Cup Cookie	Fresh Grapes 1. Tuna Pasta Salad Scone OR 2. Polish Sausage Sauerkraut Whipped Yams Butter Pecan Cake Bars	Jell-O 1. Reuben Sandwich Cup of Soup OR 2.Chef Salad Fresh Baked Bread Ambrosia Fruit Salad		
Beverages		Always Available for Breakfast	Always Available for Lunch/Supper		<u>MEAL TIMES</u> <i>Breakfast: 7:30 am - 8:30 am</i> <i>Lunch: 11:30 am - 12:30 pm</i> <i>Supper: 5:00 pm - 6:00pm</i>				
Orange Juice Cranberry Juice Milk-Skim 2% Hot Chocolate Ice Water	Apple Juice Prune Juice Hot Tea Coffee Cappuccino	Yogurt-Fresh Fruit-Cottage Cheese-Peanut Butter- Cold Boiled Egg	Fresh Fruit, Soup, Lunchmeat or Grilled Cheese Sandwich Cottage Cheese-Peanut butter-Bread & Butter						